



Rombauer Wine Dinner

Thursday, August 29th | 6pm - 9pm



ADULT PICKLEBALL CLINICS

OPEN PLAY
Saturdays & Sundays
9am - 12pm | Courts B & C



MEMBERS ONLY SWIM MEET

Sunday, August 25th
9am - 11:30am



NEW MEMBER SOCIAL

Wednesday, August 28th
5:30pm - 7:30pm

Directory of Contacts

CHILDCARE

Morning | Sat & Sun (8am - 11am) **Evening** | Tue - Fri (5pm - 8pm)

Club Hours

Mon (5:30am - 9pm)
Tue - Fri (5:30am - 10pm)
Sat (6am - 9pm)
Sun (7am - 7pm)

Restaurant Hours

Lunch
Wed - Fri (11am - 2pm)

Dinner
Tue - Fri (5pm - 10pm)
Sat (5pm - 9pm)

NEW Pool Bar Summer Hours

Mon (9am - 7pm)
Tue & Thu (9am - 6pm)
Fri & Sat (9am - 7pm)
Sun (9am - 6pm)



Annie Batista

Executive VP of LA
annie.batista@bayclubs.com



Sarah Simon

Vice President & GM
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424.247.5554



Jennifer Hulme

SVP of Membership Sales
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MaryAnn Varni

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310.698.1847



Rob Abbott

General Manager
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Blanca Tamayo

Member Services
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Jose Rivas

Operations &
Accounting Manager
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310.698.1837



Rosa Enriquez

Director of Housekeeping
& Maintenance
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Rosie Vargas

Events Manager
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Spencer Trotta

Tennis Director
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Kyle Flanders

Aquatics Director
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**VISIT OUR NEW WEBSITE
FOR ALL CLUB
NEWSLETTERS & EVENTS
www.mccclublife.com**



MEMBER APPRECIATION DAY



Come enjoy complimentary 15 minute chair massages!

Tuesday, August 27th from 9:30am-1:30pm

Napa Room



Benefits of chair massage:

- ✓ **Reduces stress**
- ✓ **Increases immune function**
- ✓ **Lowers blood pressure**
- ✓ **Increases focus, energy, and mental clarity**



RESTAURANT HOURS

Lunch Wed - Fri (11am - 2pm)

Dinner Tue - Fri (5pm - 10pm) | Sat (5pm - 9pm)

POOL BAR HOURS

Mon (9am - 7pm) | Tue & Thu (9am - 6pm)

Fri & Sat (9am - 7pm) | Sun (9am - 6pm)

Specialty Dinner Nights

Taco Tuesdays

Every Tuesday | 5 - 8p

Pizza and Pasta Night

Every Thursday | 5 - 8p

Happy Hour

Wed - Sat | 5-7p

Sushi & Sake Night

Every Friday | 5 - 8p



Bingo Night *with Coach Kyle!*

Wednesday, August 7th
6pm - 8pm

RSVP on OpenTable

We welcome you for a fun night of Family BINGO - we will have a prizes for the winners, a kids buffet, and loads of fun!



Kids Culinary Night - Pizza

Wednesday, August 21st
6pm - 9pm

\$25++ per participant
RSVP on OpenTable

Calling all little chefs! Learn how to make your own pizza.



New Member Social

Wednesday, August 28th
5:30pm - 7:30pm

Reservation Required

Mix, mingle and meet new members! Please join us for complimentary wine tastings, light bites and live music as we bring our new members and department heads together for a social hour.

RSVP to jennifer.hulme@bayclubs.com





ROMBAUER

Wine Diner

Thursday,
August 29th

6pm - 9pm



*Entice your palate with
a 4-course dinner from
Rombauer Winery.*

\$150++ per person | Reservation Required
72hr written cancellation policy applies.

For cancellations:
Email rosie.vargas@bayclubs.com

RSVP on OpenTable



DODGERS

Home Game Specials



**FOOTLONG
DODGER DOG &
BEER | \$10++**

**Join us for the
Dodger game!**

**Happy hour
drink specials
during the game.**

2024

Summer Camps



We have lots of great themes this summer. From Hero Training Academy to Color Wars, there's a theme every kid will love!



August 5

Invention & Creativity Workshop



August 12

Wizardry & Magic Academy



August 19

Under the Sea



August 26

Under the Big Top

Sign up on the
Bay Club
Connect app!



Tennis & Racquet Sports



Jim Pugh

Tennis Pro

jimpugh10s@me.com
310.464.3546



Bayley Callahan

Tennis Pro

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David Bier

Tennis Pro

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Greg Fowler

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Fritz Wolmarans

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Tennis Pro

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Nick Cote

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Paul Hing

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Steve Whitehead

Tennis Pro

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Cade Erickson

Pickleball Pro

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Christina Sanders

Tennis Pro

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702.334.8810



Allen Yap

Tennis Pro

yaptennis@gmail.com
323.855.6605

Adult Pickleball Clinics Open Play Schedule!

OPEN PLAY

Saturdays & Sundays

9am-12pm | Courts B & C

LIVE BALL CLINICS AVAILABLE ON THE APP:

- Mondays (3.0-3.5) 10:30am-12pm
- Thursdays (3.0-3.5) 10:30am-12pm
- Fridays (3.0-3.5) 10:30am-12pm
- Saturdays (3.5+) 10:30am-12pm
- Sundays (3.5+) 9-10:30am



Scan this QR
code to sign
up for events
on TopDog.



The Club's Junior Programming Junior Tennis:

- Quickstart,
- High Performance (HP), and
- Satellite Elite

SESSION #1: SEP 9TH - OCT 25TH

Registration opens online:

Monday, August 19th



Mixed Doubles Club Championship

FRIDAY, SATURDAY & SUNDAY
SEP 13TH - 15TH | \$90/PLAYER

Our second big annual tennis tournament of the year, for 18+ players of all levels.

Sign up with a partner in one of the following divisions based on your combined team NTRP rating: **6.0 | 7.0 | 8.0 | 9.0**

Register on TopDog: Monday, August 14th

Pickleball Leagues

New 6 week league season of Pickleball:

SEP 9TH - OCT 18TH | \$50/PERSON
SIGN UP ON TOPDOG: MONDAY, AUGUST 26TH

MEN:

- Intermediate | Mon @ 5:30pm
- Intermediate | Tues @ 6:30pm
- Advanced | Wed @ 6:30pm

WOMEN:

- Beg-Intermediate | Wed @ 9am
- Intermediate | Wed @ 10:30am
- Advanced-Intermediate | Wed @ 5pm
- Intermediate (TEAM) | Tues @ 9:30am

MIXED:

- Mixed Doubles | Monday @ 7pm



Scan this QR
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up for events
on TopDog.



Please save the date for the following Tennis & Pickleball programming:

Friday, October 18th: Halloween Round Robin (Pickleball)

Thursday, October 24th: Halloween Round Robin (Tennis)

Saturday, November 2nd: Semi-annual Pickleball Tournament

Friday, November 22nd: Turkey Tourney

Summer TENNIS



Junior Programming Mon - Wed Weekly Sign Up

Red/Orange Ball Classes

(Novice, Ages 4-6)
1:30pm - 2:30pm (\$100/week)

Orange/Green Ball Classes

(Intermediate, Ages 7-10)
2:30pm - 3:30pm (\$100/week)

Tennis/Pickleball Classes

(Novice-Intermediate, Ages 8-12)
2:30pm - 3:30pm (\$140/week)



Junior Academy Mon / Wed / Fri Weekly Sign Up

Yellow Ball Junior Classes

(Advanced, Ages 9-13)
2:00pm - 4:30pm (\$300/week)



Adult Academy Mon / Wed Weekly Sign Up

Intermediate Adult Classes

11:00am - 1:00pm (\$200/week)

QUESTIONS? EMAIL SPENCER.TROTТА@BAYCLUBS.COM





MCC RIPTIDES WATER POLO

Mon & Wed (6:30 - 8:30pm) & Sat | 8:30 - 11:00am | \$40 per practice

Year-Round program for ages 9 and up. The Water Polo Team is a co-ed program that teaches the fundamentals of water polo and competes in games against other clubs. Questions? Email Head Coach Natalie Bernstein at aquatics.mcc@bayclubs.com



Scan the QR code to fill out our digital form.



SWIM SCHOOL

Monday - Thursday
3pm-3:25pm & 3:30pm-3:55pm
Price: \$45 per day

This program will help you on your path to getting your little one on the swim team. In this program you will be placed in a group by ability until you move up the levels and graduate to swim team. Please scan the QR code to hold your spot space is limited.



SPLASH BABIES

Thursdays
9:30am & 11:00am (30 min)

Looking to get your little one loving the water? Come to Splash Babies, where you and your baby will learn important and amazing swimming skills while playing and singing songs. This program is designed for children ages 6 months to 24 months old.



SPLASHBALL

Fridays | \$40 Drop-in
4pm - 5:45pm (All Ages 3 & up)

Our Splashball Program promotes water safety and fitness in an engaging environment! You can bring your friends to learn how to tread water and play Water Polo! For ages 3-8.



Scan the QR code to fill out our digital form.



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Scan the QR code to fill out our digital form.

SWIM LESSONS

Come take a lesson with one of our talented swim instructors. We will get you ready for the next level of swim.

Whether the student is an infant, toddler, child, or adult we strive to make you the next Olympian! Sign up now and meet our instructors.



*Scan the QR code
to fill out our
digital form.*



SWIM TEAM

Swim team is now practicing Tuesday and Thursday morning from 6:30 AM until 8 AM.

*Year-round Program | Billed Monthly | No Drop-ins
Contact Coach Jeff Beiter for Tryouts.
jeff.beiter@bayclubs.com | (310) 869 - 1625*

White / Blue Level:

Mon - Thu (4 - 4:45pm)

Bronze / Silver:

Mon - Thu (4:45 - 6pm), Fri (4 - 5:30pm), & Sun (8:30 - 10am)

Gold Level:

Mon - Thu (6 - 7:30pm), Fri (4 - 5:30pm), & Sun (8:30 - 10am)

Dryland:

Mon - Thu (5:30 - 6pm)

*Scan the QR code
to fill out our
digital form.*



MANHATTAN COUNTRY CLUB POOL SCHEDULE



Sunday

Monday

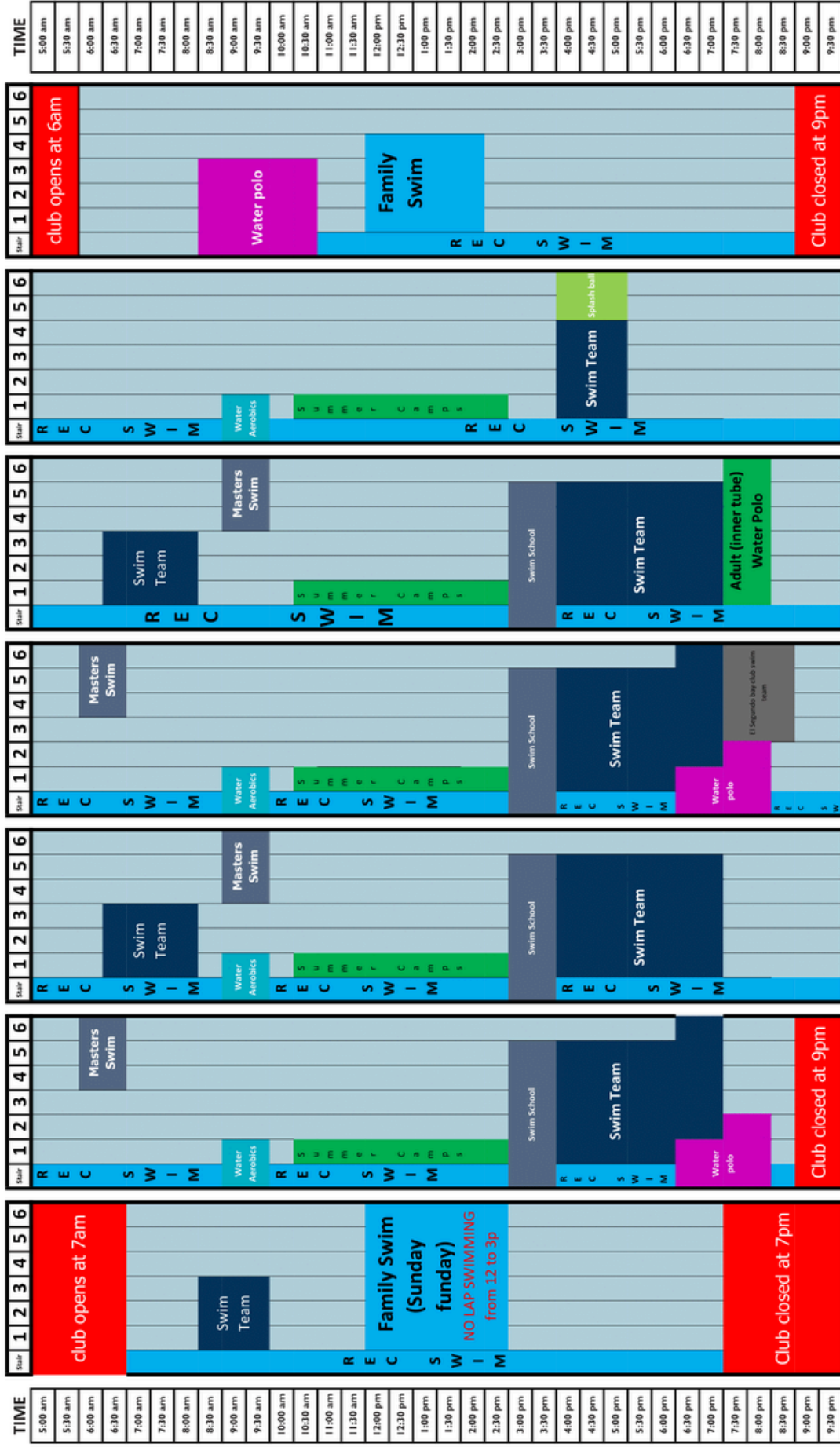
Tuesday

Wednesday

Thursday

Friday

Saturday





ADULT INNERTUBE WATER POLO

Every Other Thursday | 7:30p - 8:30p

Aug 8th & 22nd | \$30 per practice | Ages 21 & older

Compete & Have Fun

Tired of treading water and swimming back and forth? Grab tube and play some water polo! To all our adult members, we welcome you to join us for an evening water polo game with innertubes!!!

Beginners Welcome

This is a fun and easy way to jump right in. You don't need to be the best swimmer, all you have to do is paddle, kick, and throw the ball! You do not need to be an experienced water polo player and if you are an experienced water polo player this will level the playing field.

Game Rules

- ~ Teams of 4 (up to 8)
- ~ 2 games each night
- ~ Losing team buys winning team's first round of drinks the following week!

Questions? Email kyle.flanders@bayclubs.com



**Scan the
QR code to
to sign up.**

MEMBERS ONLY.

Swim Meet

SUNDAY, AUG. 25TH
9:00AM - 11:30AM

Rate against other members, family members, & friends. Swim fast enough in a event to break your time and get your name on the Member's Record Board! Sign each member up individually.

- Can't do a flip turn? No worries! All types of turns are welcome!
- Afraid of belly flopping off the block? Not a problem! All members have the option to either start in the water, or cannon-ball off the block.
- Each stroke will have a 25-yard (1 lap) length event for ALL AGES to participate.



Scan the
QR code
to sign up.

**ENTRIES DUE BY
FRIDAY, AUG. 23RD
COST: \$30/SWIMMER**

****YOU ARE REQUIRED TO
ENTER THIS MEET WITH A
TIME. IF YOU DON'T, PLEASE
COME UP WITH AN ESTIMATED
GUESS FOR THE EVENT LISTED.**

QUESTIONS? EMAIL KYLE.FLANDERS@BAYCLUBS.COM

PERSONAL & SMALL GROUP FITNESS TRAINING

Want to want to improve your strength and conditioning? Work on your recovery? Get your kids involved with sports conditioning? Then we have the right trainers for you!



Mayra Escobar

FITNESS TRAINER

Trainer Level: *Ultimate*
mayra.escobar@bayclubs.com

CERTIFICATIONS:

- NASM
- Precision Nutrition
- MMA
- Condition Specialist
- TRX

SPECIALTIES:

- Sports Performance & Endurance
- Boxing
- Group Fitness Bootcamps
- Body Building



Rosalinda Harding

FITNESS TRAINER

Trainer Level: *Ultimate*
rosalinda.harding@bayclubs.com

SPECIALTIES:

- Functional Strength & Movement Specialist
- Weight Management
- Nutrition
- Core & Balance
- Athletic Strength & Conditioning



Jay Herron

FITNESS TRAINER &
PHYSICAL THERAPIST

Trainer Level: *Ultimate*
jay.herron@bayclubs.com

SPECIALTIES:

- TRX & Kettlebell Group Training
- Cardiovascular Endurance & Circuit Training
- Sports Performance & Youth Coach
- Core & Balance
- Strength Conditioning
- Tissue Work, Flexibility, & Lower Back Injury Rehab
- Weight Loss

ALL PACKAGES MUST BE ULTIMATE AND ARE VALID
FOR 6 MONTHS AFTER PURCHASE.

- Package Options: 1, 4, 8, 12, or 24 sessions
- 25min or 50min sessions available
- **ULTIMATE:** 3+ years professional training experience & certification. *Starts from \$105 per session.*

PERSONAL & SMALL GROUP FITNESS TRAINING

Want to want to improve your strength and conditioning? Work on your recovery? Get your kids involved with sports conditioning? Then we have the right trainers for you!



Mark DeCarli

FITNESS TRAINER

Trainer Level: *Ultimate*
mark.decarli@bayclubs.com

SPECIALTIES:

- Tennis & Golf Conditioning
- Weight Management
- Joint Health, Posture, & Balance
- Strength & Conditioning for Sports Performance
- Functional Strength & Core
- Weight Loss & Muscle Gain
- Performance Nutrition



Keenon Pressley

FITNESS TRAINER

Trainer Level: *Elite*
keenon.pressley@bayclubs.com

"Become creature of habit, stacking positive actions 1 by 1 until something extraordinary emerges."

CERTIFICATIONS:

- NASM DePaul University

SPECIALTIES:

- Strength & Conditioning
- Weight Loss



Darian White

FITNESS TRAINER &
PHYSICAL THERAPIST

Trainer Level: *Elite*
darian.white@bayclubs.com

CERTIFICATIONS:

- ACSM-CPT

SPECIALTIES:

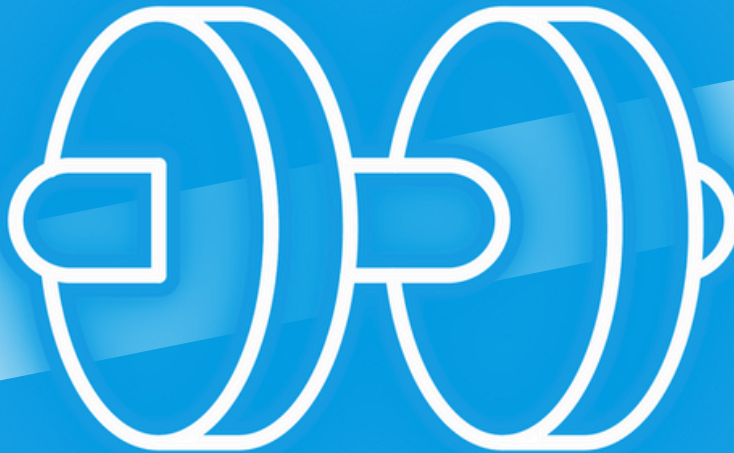
- Strength & Conditioning
- Injury Prevention / Rehabilitation
- Post-Op Recovery
- Youth Athletics
- Sports Performance
- Lifestyle & Mental Accountability Coach

ALL PACKAGES ARE VALID FOR 6 MONTHS AFTER PURCHASE.

- Package Options: 1, 4, 8, 12, or 24 sessions
- 25min or 50min sessions available
- **ELITE:** 1+ years professional training experience & certification. Starts from \$90 per session.



INJURY PREVENTION & REHABILITATION



**SIGN UP FOR YOUR COMPLIMENTARY
PERSONAL TRAINING SESSION**

***UNLESS ALREADY COMPLETED**

**DEVELOP PAIN MANAGEMENT AND
PREVENTION STRATEGIES THROUGH
CORRECTIVE EXERCISE WITH DARIAN**

MORE INFORMATION
DARIAN.WHITE@BAYCLUBS.COM

MANHATTAN COUNTRY CLUB

Friendly Reminders



Guest protocol

- Always check your guests in at the front desk via the digital guest registration. Failure to do so will result in an unregistered guest fee of \$50. Any guest that does not enter through the front door will be considered trespassing and result in a \$300 fine to the member

Tennis & Pickleball Court Etiquette

- Players must be on time and check-in at the desk for court reservations. If changing courts once you arrive, please notify the desk to avoid a no-show charge.
- Members who fail to check in for their court on time or at all, are subject to a late cancel/no show fee of \$25 and losing their court. Members must cancel their court on the app or notify staff in writing (email frontdesk.mcc@bayclubs.com) at least 1 hour before their reservation time to avoid a fee. Failure to do so will result in a \$25 charge.
- Please clean up your court from any towels, balls and trash, pitchers after use.
- Leave the ball machine & court ready for next member to use.
- Allow members to finish their play before walking on the court.
- There are two challenge courts, 9am - 12pm, Saturday & Sunday for both tennis and pickleball.
Be inclusive.

Locker Room Etiquette

- No one under 14 allowed in the jacuzzi, sauna or steam room.
- The sauna and steam rooms are for members relaxation & quiet time. No shoes or cell phones allowed.
- All children under 14 need to be accompanied by an adult.
- Opposite gender children over 5 years of age are not allowed in opposite gender locker rooms at anytime.
- No cell phone use allowed.
- No eating allowed

Restaurant Etiquette

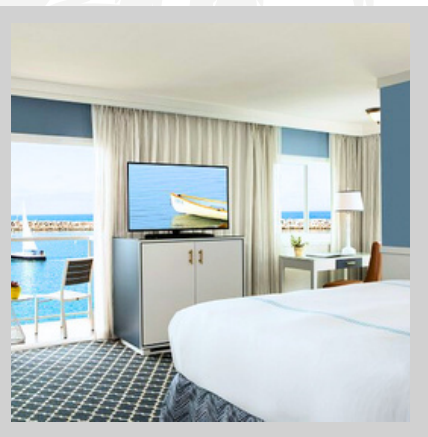
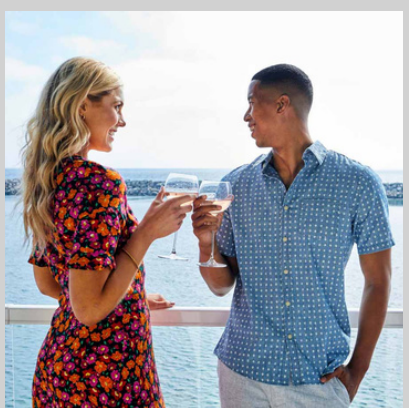
- Children are not allowed at the bar.
- Children need to remain with their families while dining in the restaurant.

***Thank you all for your continued membership.
Our goal is to keep your Club experience positive and fun.***

• THE •
PORTOFINO
HOTEL & MARINA

Guests at The Portofino Hotel & Marina enjoy an authentic SoCal lifestyle nestled in our serene peninsula. With breathtaking views complete with floor-to-ceiling windows and private balconies, our welcoming space is your retreat after a day of sun and sand. We invite you to discover our coastal hideaway in Los Angeles' South Bay, a stunning blend of California history and modern elegance. Enjoy MCC perks for family visiting from out of town at the relaxing Portofino Hotel!

Manhattan Country Club - Exclusive Members Rate
Select the dates and use your exclusive code: MCC2023



Event Calendar

August



Club Hours

Mon (5:30am - 9pm)
Tue - Fri (5:30am - 10pm)
Sat (6am - 9pm)
Sun (7am - 7pm)

Childcare

Morning
Sat & Sun (8am - 11am)
Evening
Tue - Fri (5pm - 8pm)

Restaurant Hours

Lunch
Wed - Fri (11am - 2pm)
Dinner
Tue - Fri (5pm - 10pm)
Sat (5pm - 9pm)

NEW Pool Bar Summer Hours

Mon (9am - 7pm) | Tue & Thu (9am - 6pm)
Fri & Sat (9am - 7pm) | Sun (9am - 6pm)

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
					Sushi & Sake 5pm - 8pm	
4 Sunday Funday with Waterslide 12pm - 3pm	5 Summer Camp: Invention & Creativity Workshop	6 Taco Tuesday 5pm - 8pm	7 Bingo Night 6pm - 8pm	8 Pizza & Pasta Night 5pm - 8pm Innertube Water Polo 7:30pm - 8:30pm	9 Sushi & Sake 5pm - 8pm	10
11 Sunday Funday with Wibit 12pm - 3pm	12 Summer Camp: Wizardry & Magic Academy	13 Taco Tuesday 5pm - 8pm	14	15 Pizza & Pasta Night 5pm - 8pm	16 Major League Pickleball 5pm - 7:30pm Sushi & Sake 5pm - 8pm	17
18 Sunday Funday with Waterslide 12pm - 3pm	19 Summer Camp: Under the Sea	20 Taco Tuesday 5pm - 8pm	21 Kids Culinary Night: Pizza 6pm - 9pm	22 Pizza & Pasta Night 5pm - 8pm Innertube Water Polo 7:30pm - 8:30pm	23 Sushi & Sake 5pm - 8pm	24
25 Sunday Funday with Wibit 12pm - 3pm Members Only Swim Meet 9am - 11:30am	26 Summer Camp: Under the Big Top	27 Member Massage Day 9:30am - 1:30pm Taco Tuesday 5pm - 8pm	28 New Member Social 5:30pm - 7:30pm	29 Pizza & Pasta Night 5pm - 8pm Rombauer Wine Dinner 6pm - 9pm	30 Sushi & Sake 5pm - 8pm	31
1	2	3	4	5	6	7



SAVE
THE
DATE

Sunday, September 29th: Last Sunday Funday
Friday, October 18th: Halloween Round Robin (Pickleball)
Thursday, October 24th: Halloween Round Robin (Tennis)
October 27th: Halloween Cardboard Boat Race
Saturday, November 2nd: Semi-annual Pickleball Tournament
Friday, November 22nd: Turkey Tourney

